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Summer 2022

Achieve with us.









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Cover: (left to right) Suzy White, Kane Wildermuth, Scott Maess, and Alex Hays enjoy a game of golf at The Arc's Charity Golf Outing.

Our Mission

The Arc mission's is to empower people with disabilities to believe in their own unique abilities and achieve their full potential by providing quality, innovative services that focus on advocacy, independence, employment, meaningful community life and personal happiness.

Charity Golf Outing

Mark your calendar for **June 12th. 2023** Oakwood County Club

We would like to thank the golfers who came out to enjoy a round of golf and raise important funds for The Arc of the Quad Cities Area.

Congratulations to our first place team players: Mike Stopulos, Pete Stopulos, Tom Garside, and Anne Stopulos, and econd place DARI team players: Dave Tallman, Jason Gordon, Frank Perez, and Andy Fisher.

We are grateful to have your support!



A Message from The Arc's Executive Director

Michael's Message

"Quality is defined at the point of interaction between the staff member and the person with a disability." ~John F. Kennedy

Take a moment to recall your favorite summer meal...fresh tomatoes, corn on the cob, potato salad, and of course something off the grill. Whether this meal was prepared by your mother or a chef at a restaurant, it is likely they didn't follow a strict recipe. Because those hands have prepared this particular meal many times before, they know to select the freshest ingredients and use their skill to get exactly the right ratio of each to culminate into a delicious result.

For more than seventy years The Arc has provided quality, innovative services to thousands of people with disabilities in its home community. Through the lives of the people served, we have identified the critical ingredients that when properly mixed together make the lives of people with disabilities meaningful and purposeful. We also understand that these ingredients cannot be uniformly applied as each individual is unique in the right blend of services and strategies that will yield personal empowerment and a belief in their own unique abilities to help achieve their full potential. We have distilled

those ingredients into a combination that has stood the test of time.

The primary ingredient of quality programming for people with disabilities is caring, professional staff. The Arc strategically values its Direct Support Professional (DSP) workforce as most important to achieving our mission. DSPs are essential staff because they provide direct care and are the closest person to the individuals served providing direct assistance, and also making deep personal connections that build trust and community. The Arc has appreciated the efforts of many longterm staff, including Dolly Wilson who dedicated her entire 41-year career to The Arc. We are, however,

experiencing many vacancies, as are many employers throughout the nation. The Arc is focusing its efforts on attracting and retaining staff. This organization has partnered with the National Alliance for DSPs to enhance our training for frontline supervisor in order to promote continuity of care while retaining and developing staff. It is believed that with a careful mix of continued training and recruiting The Arc can maintain a steady workforce that is a core ingredient in overall success.

Another primary ingredient is leaning into initiatives that are aligned Continue on page 4 >>





Memorial Gifts

Gifts in memorandum or honorarioum since 12.1.2021

In memory of Virginia Doonan

Dorothy Barber Rachel Birkhead James and Helen Bloome Don and Debbie Bloomfield Paul and Diane Brooks Wade H. Carter III Keith and Sandra Crawford Annette Doonan Laura Doonan Sharon Esslinger Ian and Kara Fuller Al and Denise Hampton Harriet Schleich Chervl Johnson Donald and Ozma Karch David and Christine Kruse Sandra Morrison Honorable Patrick and Char Verschoore Scott and Veronica Verschoore Michael and Roberta Vidmar Francis and Sue Vroman

In honor of Victor Doonan Emery Doonan

In memory of Vernon Vance

Mr. and Mrs. Richard Beyer Jerry and Mary Foster Sue and Jeffrey Grimes Joan Holcomb Todd and Robin Letney lames Ramirez **Retirees Golf Club** SD Home Team Lauren and Anthony Showers Pamela Snyder Jerry and Rose Springer

In memory of Timoth Schroeder Tom Schroeder

In honor of Sue Vroman Danish Sisterhood #3

Flora Lawhorn In honor of Sarah Clark

Christine Marckese

In memory of Sean Lawhorn

In honor of Rose Van de Wiele Mike and Tracy Poelvoorde

In memory of Roberta Harris Richard and Alice Dobbeleare Paul and Sheila Guse Gary and Julie Seaba

In memory of Robert Johnson Linda Kendall

In memory of Robert Tolmie Amy Maxwell

In honor of Michele and Mike Montford Jack and Mary Knepp

In memory of Michael L Duffy Barb Goettig

In memory of Max Michael and Tracey Gowdy

In honor of Mathew Montford Jim and Twilla Mitchell

In memory of Marissa Love Peggy Love

In memory of Lisa DeWispeleare Christi DeWispelaere

In honor of Lillian Vancel James Norris

In memory of Leni Price Linda Lambin

In memory of John Fanter Arthur and Diane Fanter

In memory of John and Helen Kerschieter Ann Kerscheiter

In memory of James Skafidas Linda and Gary Johnson

In memory of Jack Batement William Bateman

In memory of Glenn Wells Mary Wells

In honor of Eric James Lisa and Patrick Carroll

In memory of Ellen Roys Blake Roys

In memory of Darry Kannenberg Debra Else

In memory of Daniel Dawson Darline and Joshep Milijush

In honor of Christine Vroman Francis and Sue Vroman

In memory of Christine Nelson Janice Nelson

In memory of Cathy Carroll John and Susan Crampton In memory of Carol Hantz Sally Gordon

Pamela Higham

In memory of Carol Farmer William Keck

In memory of Betty Rhoades John and Joann Ackeman

In honor of Ben Nefzger John and Clara Caldwell

In honor of Barh Goettig Mark and Brianna Lane

In honor of Alisa Farmer Cynthia Volpe-Price

In honor of Alan M. Hallene Thomas and Deborah Bracke

In honor of Alaina Mekus Susan and Chris Mekus

In honor of Michael Black Richard and Lois Ann Black

Dove Legacy Society



Dove Legacy members have made a commitment to leaving a legacy through their estate plan. Their gift will live on in perpetuity.

_....

Mike & Michele Montford Marie DeWispelaere Rose VandeWiele Rick Nd Marcia Voltz Jan & Todd Haugen Doug & Kyle Rick Dennis & Sharron Baraks **Cindy Ferguson** Tom & Kathy Conrad David Conrad Matt Puck Connie Zogg Lizette Desseyn Jim & Twilla Mitchell John & Helen Kerschieter Richard & Ruth Marie Motz Jim & Carol Horstmann Barb Goettig Mary Vande Voorde John Donald O'Shea

When you leave a legacy to The Arc, you become a part of the Dove Legacy Society. For many The Arc has been instrumental in the care of a loved one, for others our mission resonates with their core values. Whatever the reason, please reach out to Sarah Wright if you'd like to make a planned gift at wrights@arcqca.org or 309-786-67474.



Barbara Goettig

Will be honored at the 2022 Catalyst Awards with the Lifetime Service Award

When Barb Goettig makes a commitment to something, she keeps her word. Proof of that can be found in Barb's forty-one-year commitment to her former employer, Per Mar Security. She was elected to serve on The Arc's Board of Directors in Fiscal Year 12. and when asked to further her commitment by serving as Board President from Fiscal Year 17 to 20, she accepted.

The timing of her appointment happened to coincide with her retirement from Per Mar. For The Arc, that coincidence turned out to be a major benefit to its mission and direction because Barb stepped into her role as Board President with wholehearted dedication. The pump had been primed during her time at



The Catalyst - Summer 2022

Page 10

The Arc knows what inclusion looks Trio, and a wide array of auctions like so we've devised an event that from local business supporters. celebrates inclusion at The Arc's Catalyst Awards that will take The Arc's Catalyst Awards are how place August 5th at the Quad City The Arc recognizes and honors the Botanical Center in Rock Island. people and organizations that have been champions of inclusions. This event is ignited by our Title Sponsor, The Arc will be honoring Barb Goettig with the Lifetime Service Award, Mutual of America, and Advocacy Sponsors, SENB Bank and Moden Hy-Vee with the Business Partner of the Year Award, Main at Locust Woodmen. Tickets are available at with the Community Partner of arcqca.org/catalyst-awards/ at \$40 the Year Award, and the Quad City individual or \$75 for Couples. Silent Steamwheelers with the Community Auction bidding opens July 29 and Advocate of the Year Award. will close the evening of July 30. Attendees will be treated to an To learn more about all The Arc's 2022 Catalyst Awards honorees see delicious dinner, awards ceremony, entertainment from Serenata String page 4. Arc through a transition in leadership Per Mar when she developed a working relationship with an when the current Executive employee with developmental Director Michael Glanz was hired in disabilities. That relationship turned May, 2016. Not only was she Chair to advocacy when Barb guided that of the Executive Director Search individual through employment and Committee, but she also was Board personal issues. The experience President during his first years in that position and was a source of both

The Catalyst Awards

resonated with Barb and fostered a deeper heart-centered approach to her leadership and advocacy work which she brought to The Arc.

During her time as Board President, she helped guide the trajectory of The Awards on August 5th.

We are grateful for her unique approach to leadership and are honored to honor her at The Catalyst

continuity and guidance.

The Catalyst Awards (continued)

Hy/ee.

Business Partner

of the Year

Hv-Vee is deserves recognition

for many things, one of the most

support of people with disabilities

Additionally, Hy-Vee supported the

work of the Disability Awareness

Coalition through their MLK Food

Drive where Hy-Vee opened their

stores as drop-off site for that

important impactful project.

through their hiring practices.

significant of them is their intentional



Community Advocate

of the Year

How does arena football intersect

the first ever Disability Awareness

Coalition that will raise important

with the disability community? In so

many ways. Primarily through hosting

Night with the Disabilities Awareness

funds for disability providers and raise

awarness of people with disabilities

and important and valued members

deal.

of the community. That's kind of a big



Community Partner of the Year

The Arc has worked in partnership with Main Healthcare Pharmacy to provide the medications individuals with disabilities rely on for over a decade. Main Healthcare Pharmacy is quick, curtious, and professional and has maintained a postivie working relationship with The Arc that has been instrumental in maintaining a consistent continuity of care for the people we serve.



Michael's Message (continued)

Take a moment to recall your favorite summer meal...fresh tomatoes, corn on the cob, potato salad, and of course something off the grill. Whether this meal was prepared by your mother or a chef at a restaurant, it is likely they didn't follow a strict recipe. Because those hands have prepared this particular meal many times before, they know to select the freshest ingredients and use their skill to get exactly the right

ratio of each to culminate into a delicious result.

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DSP Kayla Schmidt (far right) interacts with individuals with disabilities in the Community Day Services program.

> that these ingredients cannot be uniformly applied as each individual is unique in the right blend of services and strategies that will yield personal empowerment and a belief in their own unique abilities to help achieve their full potential. We have distilled those ingredients into a combination that has stood the test of time.

> The primary ingredient of quality programming for people with disabilities is caring, professional staff.

Disability Awareness Night

Disability Awareness Coalition Utilizes Large Athletic Sporting Events to Promote Inclusion

The disability community in the Quad Cities is growing into a more connected and engaged body through the Disability Awareness Coalition. Coaltion members represent agencies and non-profit organizations in the Quad Cities Area serving people with disabilities. The coalition utilizes large sporting events as a platform to create inclusive, celebratory spaces for people with

disabilities at large venues. The work of the

that 'all people's abilities will be valued and

respected by the community so that every

person has the opportunity to achieve their

best life.' Whether its Disability Awareness

Night with the Steamwheelers or the River

atomosphere of respect and help reinforce

inclusive and welcoming places for everyone.

Bandits, these types of events create an

coalition falls in-line with The Arc's vision



Quad Cities Disability Awareness Coalition

The Quad Cities Disabilities Awareness Coalition is a group

and increasing inclusion and community in our area.

of 17 organizations dedicated to empowering people with disabilities





QC Disabilities Awareness Coalition

Community • Inclusion • Empowerment

Quad City Steamwheelers



July 15

This event is sponsored by the John Deere Foundation and proceeds will benefit the QC Disabilities Awareness Coalition. This is a cashless event. Game starts at 7:05 p.m. Ticketing available at: arcqca.org/dan-ticketing/

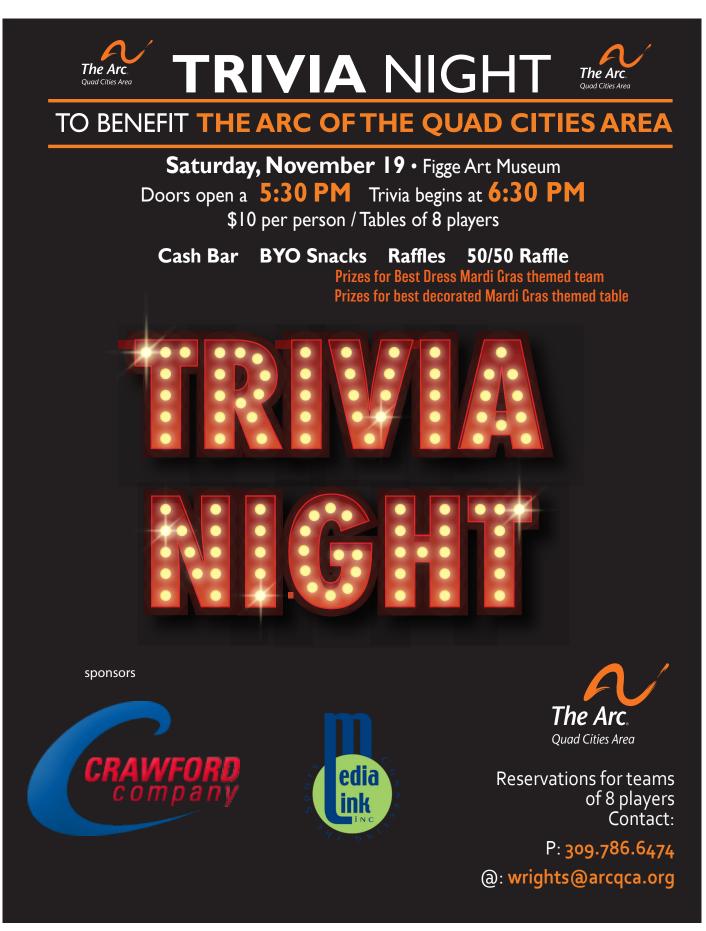
Quad City River Bandits



August 26

All proceeds from raffle will benefit the QC Disabilities Awareness. Game starts at 6:30 p.m. This is a cashless event. Ticketing available at: arcqca. org/dan-ticketing/

Trivia Night



Heritage 53 Re-Development



The Arc Reimagines Future Use of Heritage Fifty-Three Site

In 2014, The Arc initiated a capital campaign that oversaw the contruction of six new group homes that are dispersed througout the Illinois Quad Cities. These homes provide people with disabilities the community-based supportive housing that fits their needs and allows them the highest degree of autonomy. In line with meeting demand, one of The Arc's strategic goals 'is to provid programs and services that break down barriers and change expectations about what services are supposed to look like.'

With this goal in mind, The Arc is looking to create housing with community in mind by creating a intentional community at the Heritage Fifty-Three site.





TThe Arc anticipates that this intentional community model could be replicated and could provide a tool for developers when designing future intentional communities and help improve societal attitudes towards integrated housing models for people with disabilities.

The Heritage Fifty-Three community will feature plenty of open communal space and residential housing for 42 intentional community members, eight of those with disabilities in residential housing connected by walking paths, a central patio, and natural areas.



This project expands affordable housing the Quad Cities and strengthens the collaborations of non-profits working together to house people with differences.

The result is a strengthened community that will create mutually beneficial structures of support. This intentional community at Heritage Fifty-Three will assist The Arc in realizing our vision that all people's abilities are valued and respected by the community so that every person has the opportunity to achieve their best life.



Silvis Land Development Update



The Arc of the Quad Cities Area received a unique opportunity with a gift of land from IHMVCU in Silvis, Illinois to reimagine employment services for people with disabilities.

The goal is to create a self-sustaining social enterprize that will give people with disabilities opportunities in the horticultural and agricultural sectors through on-site job training. The vision for the site features hoop houses that will grow contracted products and also include a large pole barn for seasonal offerings throughout the year, like farmers and craft markets, and provide the community with beautiful rental venue.

The site will serve as a highly visible venue for promoting the idea and benefits of inclusion in the Quad Cities.

Self-Sustaining Social Enterprize



The project will meet The Arc's mission and provide financial support for programming.

Workforce Training



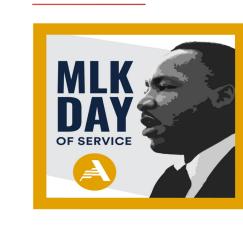
Our vision is to use the land to offer empowerment, training, and employment for people with disabilities.

Slice of the QC



Martin Luther King Jr. Food Drive

MLK Day of Service Becomes Successful Food Drive



success.

The QC Disability Awareness Coalition, a group of 17 organizations dedicated to empowering people with disabilities and increasing inclusion in our community hosted the drive which resulted in 71 volunteers who pick-up and delivered the food to local food pantries. A total of 4,725 meals were donated to local pantries and made a difference in addressing food insecurity.

The Martin Luther King, Jr. Food Drive is administered by The Arc of the Quad Cities Area courtesy of a grant through the Corporation for National and Community Service (CNCS), the federal agency that leads the Martin Luther King, Jur. Day of Service, to help plan and execute volunteer projects that unite Americans in service for the MLK Day of Service and throughout the year.

4,725

Rock Island Commissary - New AbilityOne Contract

The AbilityOne program is amoung the nations largest sources of employment for people with have disabilities. AbilityOne partners like The Arc can apply for contracts to provide high quality products and services for the Federal government at fair market price. The Arc has had a long standing relationship with the Rock Island Aresenal through AbilityOne providing mail delivery services over many years.

The new contact is The Arc's largest contract to provide services through Ability One specifically, stocking shelves, managing inventory, janitorial services, and warehousing. The contract is providing good quality jobs to eight individuals and is a major achievement that deepens the relationship The Arc shares with the Rock Island Arsenal and the AbilityOne Program.



The Catalyst - Summer 2022

The last two years have been tough on many people and in our own community. Food insecurity is continuing to increase. Faced with these struggles, the QC Disabilities Awareness Coalition decided to organize a food drive to help mitigate food insecurity in our community which was a complete

