

Quad Cities Area

www.arcqca.org

For people with intellectual and developmental disabilities 4016 9th Street Rock Island, IL 61201

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Or Current Resident

Achieve with us."















The hallenge

Summer 2019

Achieve with us.



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Founded in 1952, The Arc of the Quad Cities Area is an independent non-profit organization that provides support for over 325 Individuals with intellectual and developmental disabilities in our community.

The Arc provides:

- Respite Residential
- Day & Community Services
- Vocational Training
- Assistive Technology
- Community Supports
- Supportive Employment

The Arc of the Ouad Cities Area 4016 9th Street Rock Island, IL 61201 309-786-6474

For more information about The Arc's programs and support services, visit out website at:

www.arcqca.org



individuals at The Arc's Day & Community Service program. The DeToye's were recognized at The Arc's Volunteer Recognition Event this spring.

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Cover: Austin enjoys adaptive skiing with the Back Water Gamblers Access to Wave program. Access to Waves was a recipient of the Community Advocate of the Year Award for creating a safe environment to pursue adaptive skiing in the Quad Cities at The Arc's 2019 Catalyst Awards last April.



Dove Legacy Members have

made a commitment to leaving a legacy of love through their will or estate plan. Their gift will live on in perpetuity through the Wilber L. Burress Endowment.

Michele & Mike Montford Fran and Marie DeWispelaere Rose VandeWiele Rick and Marcia Voltz Jan and Todd Haugen

Kyle Rick Dennis and Sharon Baraks Cindy Ferguson Kathy and Tom Conrad David Conrad Matt Puck Connie Zogg Lizette Desseyn *Jim & Twila Mitchell* John & Helen Kerschieter

Richard & Ruth Marie Motz

Jim & Carol Horstmann

Barb Goettig

What is Your Legacy?

A legacy is something permanent that reverberates. Making waves beyond a person's lifetime and onto the shore of another. Like The Arc's founders, your legacy can be building a better community though lifting up the lives of people with intellectual and developmental disabilities.

You too can leave a legacy by including The Arc of the Quad Cities Area in your Will, Trust, or beneficiary designation, you can pass on a lasting contribution to continue our work to protect the rights of people with disabilities and support their full inclusion and participation in community life, now and for future generations. These gifts cost you nothing now and allow you to change your beneficiaries at any time.

When you do, you become a part of The Arc's Dove Legacy Society made up of donors who have created a legacy by helping The Arc achieve our important mission to empower people with disabilities to achieve their own unique abilities and achieve their full potential. For many, The Arc has been instrumental in the care of a loved one. For others, The Arc's mission resonates with their central core values and beliefs.

Anyone can leave a legacy. It can come in any stage of life, from a relatively small gift to a large beguest. What matters is that you make the choice to support a cause or mission that you care about most and make a plan.

If you have already included The Arc of the Quad Cities Area in your Will, Trust or beneficiary designation, please let us know so we can recognize your contribution and include you in the Dove Legacy Society. If you would like more information about ways to leave a legacy or to speak to someone about making a gift please contact The Arc's Development Director at (309) 429-6067 or wrights@arcaca.org. Thank you.

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A Case of Deja Vu

Made Him Donate His Car Twice

The Arc is making it easy for donors to donate their vehicle to support people with disabilities with our car Two car donations – one extraordinary set of donation program. Its fast, easy, convenient and makes circumstances. a huge impact. What's not to love? Many donors have discovered the program. One in particular came back for more under a particular set of circumstances.

James O'Connor was traveling to the Quad Cities to visit family in DeWitt, Iowa from his home in the Twin Cities when the transmission started to slip near the Casey's General Store just as he arrived in town. With hazards on, he was able to bring the van he uses to transport furniture and antiques for his business, Sleek Lines Furniture, to its final destination. A guick search on-line, led James to The Arc's website where, after inputting his vehicle's information, he was contacted by the towing company and the vehicle was processed for donation to The Arc of the Quad Cities Area. Says James of the experience, "There were no headaches involved, no hurdles, no hoops, the process was really seamless."

Fast forward to two years later, James makes the same trek this time in a different van toward family in the Quad Cities and the same scenario played out at the same location by the Casey's General Store in DeWitt. "The transmission started to slip at the exact location from two years earlier. It was a case of déjà vu, supports great things. limping back with the hazards on the whole thing," says James of the experience. So it was the natural order of events that James filled out another form on involved, no hurdles, no hoops, The Arc of the Quad Cities Area's website at www.arcqca.org for his second donation. "Again, the the process was really seamless."

process was easy, efficient and goes to a great cause."

Let circumstances nudge you to make a donation of your vehicle to The Arc. If you have a vehicle that you would like to donate, go to The Arc of the Quad Cities Area's website at www.arcgca.org. Someone will



contact you to process your vehicle and turn it into services for people with disabilities. It's easy and

"There were no headaches

~ James O'Connor



Ribbon Cutting Coming

The Arc is finalizing the construction of a new CILA nome on 7th Street in Moline. *No date for a ribbon* rutting has been set. An invitation will be sent to all donors to The Arc's recent capital campaign. This is the final (6th) home that completes the project Building Homes - Welcoming Opportunities" that oversaw the transfer of Heritage Fifty-Three residents into community-based CILA housing and increased the capacity of The Arc's residential program.

Summer started with unprecedented flooding in the Ouad Cities. The outcome of the flooding effected our neighbors most notably in downtown Davenport, but also many parts of the Quad Cities region along the Mississippi and Rock River were also dramatically affected. The Arc was lucky to be minimally effected by flooding with our only issue being the postponement of the 2nd Annual Disability Awareness Night which was rescheduled from June 7th to August 19th pushing the date off into the drier months ahead.

This for us was a minor adjustment, but for the businesses, non-profits and residents along the river, the flooding caused major disruption. I am proud to acknowledge many The Arc staff who have taken time to help those effected by flooding. One notable example of this was an idea from a staff to help Dress for Success by supporting their clothing drive to replace the items lost in the flooding. We were also heartened to learn about the disaster recovery efforts by concerned individuals and businesses that mobilized volunteers and provided direct assistance to those affected. We couldn't be more proud to be a part of the Quad Cities community.

Now that the waters have receded and many businesses and non-profits are finding ways to rebound, it's time to look ahead to the many, many upcoming events The Arc has planned that range from celebrating the 29th Anniversary of the ADA, to the Thursday Night Groove Concert Series at Schweibert Park, to a film screening and discussion of Rain Man at Riverside Park, to our first ever Fall Parent Learning

We are especially proud to bring the learning series to our community since it brings expert speakers from outside the region to the Quad Cities and it kicks off an initiative to provide increased services to families in order to deepen the number of resources and connections for local families that include people disabilities. Both speakers in the series hail from Chicago but, its their passion to help families navigate life while support people with disabilities that makes them exceptional resources for the Quad Cities. We couldn't be more proud to get back to our roots and provide these opportunities for parents and caregivers to expand their knowledge base and obtain the resources they need to more effective now and in the future.



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Summer 2	019 Upcoming E	Events
Fri, July 26 -	11 a.m. to 2 p.m.	ADA Anniversary Celebration & Block Party 501 11th Street between 11th & 12th Ave. Rock Island, IL FREE
Fri, July 26 -	7 p.m.	Benefit Concert Billy Bob's QC 1722 2nd Ave Rock Island, IL
Mon, Aug 19	9 5:30 - 9:30 p.m.	Disability Awareness Night Quad City River Bandits 209 S. Gains St. Davenport, IA Tickets: arcqca.org
Thurs, Aug.	22 - 7 to 10 p.m.	Funktastic 5 Concert Schweibert Park 1st Ave Downtown Rock Island, IL FREE
Thurs, Sept	5 - 7 to 10 p.m.	Soul Storm Concert Schweibert Park 1st Ave Downtown Rock Island, IL FREE
Thurs, Sept	12 - 6 - 7:30 p.m.	Parent Learning Series Community Health Care 2750 11th St. Rock Island, IL FREE
Fri, Sept 13 with Protected	- 11 a.m. to 1 p.m. d Tomorrows	Fall Parent Learning Series Community Health Care 2750 11th St. Rock Island, IL FREE
Fri, Sept 13	- starting 7 p.m.	Movie in the Park, Rain Man Riverside Park 3300 5th Ave Moline, IL FREE
Fri, Sept 20 p.m. with Rubin La [*] \$10 affiliation \$40 communit \$55 profession	with The Arc y member	Fall Parent Learning Series Community Health Care 2750 11th St. Rock Island, IL Registration with The Arc of Illinois Required.
Thurs, Nov 7 with Protected	7 - 6 to 7:30 p.m. d Tomorrows	Fall Parent Learning Series Community Health Care 2750 11th St. Rock Island, IL FREE
Fri, Nov 8 - 1 with Protected	1 a.m. to 1 p.m. Tomorrows	Fall Parent Learning Series Community Health Care 2750 11th St. Rock Island, IL FREE

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The Arc Honors Connections

At Volunteer Recognition Event

The Arc of the Quad Cities Area benefited from the over 2.200 volunteer hours last year and showed it's appreciation at The Arc's Volunteer Recognition event on Wednesday, May 15, 2019. This year's theme was "You Rock," because it was held at the River Front Grille along the Rock River in Rock Island, IL.

The Arc of the Quad Cities Area relies on our community partners, volunteers, and members to pull together to empower people with disabilities to reach their highest potential. This is why we annually gather together to recognize the important efforts of the volunteer workforce.

Executive Director, Michael Glanz presented four awards to outstanding community partners and organizations whose contributions have made a difference in the lives of people with disabilities.

The Creative Connections Award went to father and son duo, Frank and Corey DeToye (top left) whose interactive presentations on boxing have made a huge impact at The Arc's Day and Community Service





The Youth Volunteer Special Recognition was received by the Earl Hanson Elementary School's Inspire Choir. a voluntary after school choir that is dedicated to community service. The choir gives a beautifully performed presentation each year during the holiday season. (Mrs. Hipskind & Mrs. Mercer bottom left)

The 2019 Creative Actions Award goes to the Moline Public Library for bringing the first "Next Chapter Book Club" to the Quad Cities. The book club is a national organization that helps people with disabilities enjoy books, friends and their community. The library also facilitated a "Read Aloud" group where the librarians' read to participants followed by making creative connections to the book through craft activities. (Rebecca Bacon & Lisa Powell-Williams top right)

The final award, the 2019 Volunteer Partner of the Year Award went to St. Ambrose University's Engineering and Occupational Departments for their role in providing hands-on experience for students to broaden their appreciation for Assistive Technology. The results of the collaboration have produced more personalized custom technologies that bridge gaps for people with disabilities. (Rebecca Romatoski, SAU Engineering & Jennifer Peterson, SAU OC bottom right)







ADA Celebration



The 29th Anniversary of the Americans with Disabilities Act

The Arc of the Quad Cities Area teamed up with our neighbors and partners in the disability field, the Illinois Iowa Center for Independent Living to celebrate the American's with Disabilities Act with a celebration and block party on Friday, July 26. This year, the tradition continues with a block party in celebration of 29 years of making sure Americans with disabilities have the same rights and opportunities as everyone else.

"The ADA Anniversary Celebration is about bringing people together to celebrate a monumental piece of legislation that has transformed the lives of people with disabilities" says Liz Sherwin of the Center for Independent Living. The ADA Celebration will include free food, games and activities for children,

entertainment, community resources, voter registration, and brief presentations from elected

Individuals served by The Arc will sing a special presentation of the Star Spangled Banner complete with American Sign Language translation. The individuals will be led through the direction of Barb Minas who volunteered her time to especially to bring the ASL Star Spangled Presentation to the ADA celebration. Individuals' skills and artistic abilities will also be displayed inside the Illinois Iowa Center's building featuring artwork created by individuals with disabilities through The Arc's robust art therapy program.

An interactive art piece will be on display called "Opening Doors." The piece is an arbor using two reclaimed doors for the support structure. Participants of the celebration will be encouraged to sign their name under the statement "I pledge to be inclusive" on the glass doors. The arbor was made possible through the talent and skills of one of The Arc's volunteers, Bob Mattison without whom the piece would

not have come to fruition.

The Aktion Club, a community-service organization made up of adults with disabilities will be providing fun activities at the children's tent. Aktion Club members are true representative of what the ADA means for American's with disabilities in public life. Aktion Club members are servant leaders who give back to their community through service projects. Their participation in the ADA Celebration is a manifestation of the ADA's promise

Join us for this fun, FREE community event on Friday, July 26th, from 11 a.m. to 2 p.m. at 501 11th Street, Rock Island, IL. All ages are welcome.

ADA 29th ANNIVERSARY

Celebration & Block Party FRIDAY, JULY 26, 2019 11 AM - 2 PM



BLOCK PARTY! FREE TO THE PUBLIC 501 11TH STREET

BETWEEN 11TH & 12TH AND 5TH & 6TH AVE **ROCK ISLAND. IL 61201** THE ARC OF THE QUAD CITIES AREA WWW.ARCQCA,ORG 309-786-6474

IL IA CENTER FOR INDEPENDENT LIVING

Fall Parent Learning Series

Educating Parents on Special Needs Legal and Future Planning

The Arc is getting back to its roots. The grass roots and strength parents found when they banded together to re-imagine a future of possibilities for their children. In many ways, the founding parents paved the way for the supports and services many enjoy today. By becoming engaged and informed they could hurdle obstacles, relieve anxiety, and face challenges with renewed vigor.

The Arc is proud to announce we are offering a fall learning series to educate and help parents, siblings, and caregivers navigate ways to safeguard their loved one now, and into their future. Because education is an important step, we have secured the best help from both the financial and legal side of what all you need to know to safeguard your loved ones future. Both these presenters hail from the Chicago area and we are especially pleased to bring their high quality programming to the Quad Cities. Participants can take advantage of one, or all of the sessions.

We have secured Mary Anne Ehlert who is president and founder of Protected Tomorrows. Mary Anne is a mother, sister, and a daughter to her loved ones with disabilities. Mary Ann became a financial planner with more than 20 years as a leader in the corporate world then left to create Ehlers Financial Group where she is driven to assist individuals and families to develop both short and long term financial strategies to help them with peace of mind. Mary Ann will engage her audience and adjust her presentation to ensure everyone gets the information they need.

We have also secured Presenters Brian Rubin, Attorney/Parent, Sherri Schneider, OIDP/ Parent, and Benjamin Rubin, Attorney/Sibling Brian is the founder of Rubin Law, a former IRS agent, and former IRS Estate Attorney. Brian is also a father to Mitchell who has Autism. Sherri has over 30 years' experience, is the President of Family Benefit Solutions, INC and a mother of a child with Special Needs. Last but certainly not least we have attorney Benjamin Rubin who is Mitchell's little/big brother and has been a member of his father's law firm since 2010. Their focus is educating

parents and caregivers on Future Planning for children and adults with intellectual and developmental

The Arc would like to take parents on a journey of discovery giving participants the tools and knowledge to achieve your goals. We encourage parents to attend the entire series if possible. Register to reserve your spot today by calling 309-786-6474 or e-mail dixonl@arcqca.org.

6:00 - 7:30 p.m.

Island, IL 61201

Community Health Care

2750 11th Street Rock

Friday, September 13

11:00 a.m. - 1:00 p.m.

Friday, September 20

9:30 a.m. to 12:30 p.m.

Community Health Care

2750 11th Street Rock

Island. IL 61201

Fall Parent Learning Series

Building A Care Plan & Thursday, September 12 Securina **Government Benefits** with Protected Tomorrows Inc. *Two sessions

Community Health Care 2750 11th Street Rock Island, IL 61201

Special Needs Legal Future Planning & Guardianship vith Rubin Law

Retiring for Three, Funding & the Able Act with Protected Tomorrows Inc. *Two sessions

*Two sessions cover the

Thursday, November 7 6:00 - 7:30 p.m. Community Health Care 2750 11th Street Rock Island, IL 61201

Friday, November 8 11:00 a.m. - 1:00 p.m. Community Health Care 2750 11th Street Rock Island, IL 61201

ost sessions are free but registration is required. Please register by alling 309-786-6474 or e-mail dixonl@arcqca.org



Build It, and They Will Come

Building Housing Options That People Want to Live In.

In 1989 an Iowa corn farmer started hearing a voice "Build it, and they will come" that commanded him to build a baseball diamond in his field in the movie *Field of Dreams*. Ray, played by Kevin Costner does and the 1919 Chicago White Sox come.

The famous line, holds true for The Arc's services. If we build services that people with disabilities want - then we will grow and adapt into an agency for a new generation. The Arc's mandate is to create quality, innovative services that people want and we don't need to hear voices to understand that. It's part of our mission.

The Arc rehabilitated an existing group home to serve four individuals in two separate apartments. This style of housing is new to The Arc and for four individuals who moved into their new apartments earlier this year. The home has a new generation in mind, one where 24 hour supports are present, but so is freedom of choice and reliable WIFI service.

The residents of the home come to it with their own unique set of circumstances. Chris and Jared are sharing an apartment together, their first time living away from a home environment. Both are adjusting to life in their new home, and participate regularly in basic household tasks that make a house a home.

Cassandra moved from another CILA home seeking a space that afforded more autonomy. Says Cassandra, "I like living here." Felicia, was receiving services in her own apartment through The Arc's Intermittent CILA program. She has taken advantage of increased community engagement afforded to her as well as enjoying the company of a house mate.

"We are very proud to offer high-quality services in a format that people with disabilities want." says Michael Glanz, Executive Director for The Arc of the Quad Cities Area. "We expect that if the demand grows, we will seek ways to increase availability." The apartments were created upon the core belief that people with disabilities have the right to live, work, play and pursue their life aspirations just as others do in the community. A new generation of people with disabilities want the least intrusive amount of supports, maximum community engagement, and to be fully in-charge of their own life. The Arc believe that this type of residential services fits the needs and demands of a new generation and yes, the WIFI service works great too.



Chris walks back to his home after taking out the trash.



Jared helps out by unloading the dishwasher.



Cassandra (left) and Felicia (right) are about to embark on community outing outside their home.



Thank you to The Arc's supporters who have made a memorial or honorary gift from January 1 to lune 30, 2019

Care and attention is given to recognize all gifts accurately. Please notify us if you would like a correction, it will be printed in the next edition of The Challenge.

In memory of Edward Timm James and Loveona Stewart

Nancy Adams

lane Barrett Linda Biscontine Janice and Roger Chamberlain Rhonda Chesling Lois and Richard Czupka Thomas and Connie Donnelly Tim and Helen Drain Max and Diana Garman Shelley Gibson William and Kim Gordon Renee Hugaert Claudette M. Jannes Joe Kauzlarich Richard and Judith Kirzeder Kraigg and Felicia Knary I.T. and Luella Laden Troy and Jamie Lewis Derek and Luann Lindauer David C. Markward Ramon Mendoza Greg and Krista Monson Sheila O'Shea Kent and Chervl Reichenberg Todd and Susan Rosenthal **Bradley and Kimberly Sands** Coletté Schroeder leffrey and Jamie Sevier Patricia Shannon Craig and Veronica Shaw Daniel or Nancy Sitzmore James and Mary Anne Stewart Barbara VandeWiele James and Pamela Wainwright Michael J. Weaver

In memory of Fran De Wispelaere Steve and Pamela Michel Frank and Theresa Dewaele

In memory of Judith Tumbleson John Donald O'Shea Sheila O'Shea

In memory of Sean Lawhorn

Jeff and Linda Barnes
Lori and Keith Boland
Linda Dowell Family
Lynn and Mary Ann Dowell
Mary Dowell
Shirley Gunsolley
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Thomas and Kathleen Conrad

In honor of William Martin Tom Schroeder

In honor of Dan Dawson Darline Akins

In honor of Ronald W. Forari Alanna B. Forari

In honor of Rufus and Ellen Roys
Western Structural Company - Blake
Roys

In honor of John Fanter
Arthur and Diane Fanter

In honor of John Kerschieter Mary K. Boltie

Mark Your Calendar

Join The Arc of the Quad Cities Area for a movie viewing and discussion of Rain Man, one of the first pictures to feature a main

character who displayed characteristics of autism.

Join us for Movie In The Park on Friday, September 9 starting at 6:30 p.m. to enjoy the

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movie and discussion at *Riverside Park* in *Moline*.

For many, Dustin Hoffman's depiction of Raymond was the first time audiences were introduced to autism, giving this range of characteristics a name. In the 30 years since the making of the movie, strides toward better representation of people with disabilities in work, in our communities, and in the media are on the rise. Join us for a look back at Rain Man and discussing how has popular understanding of autism today changed since the release of Rain Man 30 years prior? Would Raymond's treatment, expectations, and living arrangement look different if the movie was made today?

Join us for viewing and guided discussion of the movie Rain Man directly following the movie with representatives from The Arc of the Quad Cities Area **September 9th starting at 6:30** p.m. at Riverside Park in Moline.

Billy Bob's QC holding a benefit for The Arc of the Quad Cities Area.

Join us at Billy Bob's QC in Rock Island for a concert featuring the Adam Keith Band on Friday, July 26. One dollar from the sales of each admission at the door will benefit The Arc of the Quad Cities Area. Billy Bob's is located at 1722 2nd Ave. Rock Island. Thank you Billy Bob's for supporting people with disabilities!

