



For people with intellectual and
developmental disabilities
4016 9th Street
Rock Island, IL 61201

www.arcqca.org

Achieve with us.®

Non-Profit Org.
U.S. Postage
P A I D
Rock Island, IL
Permit No. 123

Or Current Resident

The Challenge

Winter 2021

Achieve with us.®

Do you have a vehicle that's more of a
hassle than a help? Give your old vehicle
new purpose and avoid costly repairs by
donating it to The Arc. When you donate
your car, you donate the road ahead for
people with disabilities.

DONATE

THE ROAD AHEAD

WWW.ARCQCA.ORG OR CALL 1-877-ARC-CARO



CARS



TRUCKS



MOTORCYCLES



TRAILERS



BOATS



AND MORE



**Creating an inclusive
community at a distance**
find out more inside...



Founded in 1952, The Arc of the Quad Cities Area is an independent non-profit organization that provides support for over 300 Individuals with intellectual and developmental disabilities in our community.

- The Arc provides:
- Residential
 - Community Day Services
 - Vocational Training
 - Assistive Technology
 - Community Supports
 - Community Employment

The Arc of the Quad Cities Area
4016 9th Street
Rock Island, IL 61201
309-786-6474

For more information about The Arc's programs and support services, visit:

www.arcqca.org



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Cover: Family and friends visit outside the 3rd Street Group Home to greet residents. These organized visits helped individuals remain connected to loved ones as an important outlet for mental and physical health. Organized visits helped to foster these relationships at a safe distance.



DOVE LEGACY MEMBERS

*Dove Legacy Members have made a commitment to leaving a legacy of love through their will or estate plan. Their gift will live on in perpetuity through the **Wilber L. Burress Endowment.***

- Thomas L. Hanson Special Needs Trust
- Michele & Mike Montford
- Fran & Marie DeWispelaere
- Rose VandeWiele
- Rick & Marcia Voltz
- Jan & Todd Haugen
- Kyle Rick
- Dennis & Sharon Baraks
- Cindy Ferguson
- Kathy & Tom Conrad
- David Conrad
- Matt Puck
- Connie Zogg
- Lizette Desseyn
- Jim & Twila Mitchell
- John & Helen Kerschier
- Richard & Ruth Marie Motz
- Jim & Carol Horstmann
- Barb Goettig
- Patricia Kukla
- Molly Montgomery Trust
- Rose Poewoorde VandeWiele
- Patricia Gaydos
- Nany Lyford

Every year, The Arc honors donors who have reached milestones in their giving, and any individuals who have passed over the previous year at the Honor Tree ceremony. As you can imagine, The Arc uses the imagery and stability of a tree to symbolize the ebb and flow of life and how these forces affect life in the natural world and life within The Arc.

In the book *The Giving Tree* by Shel Silverstein, a tree gives a boy, what it has to offer, over and over again until it is a stump that the much older boy uses to rest. But trees are much more than these commodities. They give us food and oxygen, help stabilize and cool the environment, enrich the soil, and as many scientists are now discovering - give to and support one another within a forest ecosystem. Many of the services trees provide can't even be measured. Trees and forests give slowly, if we sit back and let them.

Leaving a legacy also fits the analogy provided by trees. However giving in this manner is less like the Giving Tree model of giving commodities (fruit, wood, etc.). They are much closer to giving of services provided by forests (oxygen, clean air, and water). Benefactor forests provide for us definitively, providing the services we all depend on in perpetuity.

By including The Arc of the Quad Cities Area in your Will, Trust, or beneficiary designation, you pass on a gift of essential services that support the full inclusion and participation in community life of people with disabilities, now and in the future. Your gift provides The Arc with a stable, permanent source of funds for the betterment of The Arc's essential supports and services.

Legacy giving is giving slowly and on a much, much longer timeline than anyone can imagine. Rather than a single gift at one point in time, it is giving a system of supports that will sustain the lives of others.

If you would like more information about ways to leave a legacy or to speak to someone about making a gift please contact The Arc's Development Director at **(309) 429-6067** or **wrights@arcqca.org**. Thank you.



Spring Parent Learning Series

The Arc of the Quad Cities Area is hosting a Parent Learning Series focused on providing the tools parents of children with intellectual and developmental disabilities need to be the most effective. Attendees will learn how to create and protect the life you wish for your child, sibling, or loved one.

All sessions will be held via ZOOM.

Arc Industries Past, Present and Future:

- WIOA and AI past, present and future
- How the WIOA- has affected the sheltered workshops
- Community Employment and partnership with AI
- First person experience from an individual

When: March 31st from 1pm-2:30pm and April 1st from 6pm-7:30pm

What To Do After Graduation, Next Steps:

- Transition options with Megan Mutti of the Arc of Illinois- family advocates
- The PUNS list, how to apply, waiting list and requirements
- how to qualify and the process of applying

When: April 8th from 6pm-8pm.

Identifying Signs of Abuse and Advocating to Protect:

- Identifying signs of abuse with individuals with intellectual and developmental disabilities, living at home, on their own in the community or in a group setting.
- Preventing abuse, neglect and exploitation through systemic and individual advocacy; facility monitoring and oversight; and enforcement of fundamental rights.

When: April 22nd 6pm-7:30pm

All Sessions are free to participate.

To register contact Sue Gadiant

gadiants@arcqca.org

(309) 786-6474

or visit www.arcqca.org



Michael's Message...

It's safe to say 2020 was a year we will never forget. We are grateful for your continued support through the ups and downs of the past year. We remain hopeful for a fresh start in 2021. We see the light on the horizon.

The Arc's goal is to continue to support people with disabilities to live their best lives. We've done that by building a strong network of support services that put the needs, dreams, and goals of the people we support at the heart of everything we do. This strong person-centered approach has helped us shape our services toward greater connectivity with our community. During a pandemic and national upheavals, we've managed to do that at a safe distance.

Growing connectivity safely has been our promise and we have delivered on that promise over and over again. To that end, we have managed to move much of the programming enjoyed by people enrolled in Community Day Services (CDS) to an on-line platform. We've added smart TVs and increased the number of personal technology devices in each home, which allowed these sessions to be enjoyed at many different locations; whether that's at a CDS site, at a group home, or in the comfort of their own home or apartment. We have seen the participation in these sessions grow as more and more individuals become more comfortable with the technology.

We have also relied on growing new partnerships and deepening existing partnerships to extend our reach into the community. We have build terrific and self-sustaining partnerships with our community. These partnerships have enhanced our ability to embed people with disabilities in their community. Like a community based CDS group that starts and ends their day at the Rock Island Fitness & Activity Center. Programs like these are set in the bedrock principal that "we are better together". That our mission, enhanced by partnerships and centered on person centered programming, can and will withstand the upheavals of the previous year and seize on the opportunities that lie ahead.

We are grateful that many of us have the opportunity of being able to get the vaccine as part of the 1a group. However we continue to plan and advocate for distribution that is fair and equitable for people with disabilities and their caregivers. Most all of the individuals we serve are choosing to get vaccinated. The Arc continues to encourage our staff to also become vaccinated, as this is our best shot to try to get people back into community services. We are all in this together. Through collective action toward vaccination across both persons served and our employees, we can smash this virus!

Here's to a connected, strengthened, and healthy 2021.

Expanding Choices in Residence

Newly Rehabilitated home in Rock Island Expands Choice

The smell of fresh paint greets visitors to a home under construction on Brittany Lane in Rock Island. Soon this first impression of a home under construction will be replaced with homey furnishings and the aromas of home cooked meals.

The Arc of the Quad Cities Area has made expansive efforts to offer the highest amount of choice in residents for people with disabilities living in the Quad Cities. The opening of this home on Brittany Lane in Rock Island will offer four residents the opportunity to live in their own community with the supports they need to live their best lives.

The home offers an accessible housing option with a ramp, large open communal areas, four private bedrooms, office space and accessible outdoor areas. The home might not look big on the exterior, but once inside you can see the home offers large open, airy rooms

complete with hardwood floors and fresh paint.

“We are proud of our efforts to expand the number of housing options in our area that correspond to the demand for smaller, more intimate housing choices” says Michael Glanz, The Arc’s Executive Director. “ The home at Brittany Lane is a wonderful offering for families”.

Although the home is still under construction at this time, we anticipate that it will be ready to live in by the spring. The home at Brittany Lane represents an overall shift in residential services toward offerings with small settings. With this home and the other sixteen homes, The Arc is able to offer more choice for residents with four, five, six, seven, and eight bed homes. More choice in residents is another chapter in a story of greater independence for individuals with disabilities. This chapter has been a part of a story that has been unfolding for almost 70 years.

Soon, four individuals will move into this house they will put their own personal stamp it as it becomes their home.







THE ARC OF THE QUAD CITIES AREA

Charity
GOLF OUTING

2021
Fri June 18



Highland Springs Golf Course
9500 35th Street W. Rock Island, IL

Registration: Begins at 8:00 a.m.
Golf: Assigned t-times
Lunch & Prizes: to follow



\$400
Foursome

Hole Sponsorship
\$100

Register online or use form below
www.arcqca.org

☐ I am paying for my team
☐ I am paying for myself only

Name:

Phone Number:

e-mail:

Address

City, State, Zip

☐ I would like to sponsor a hole (\$100)

Player(s) (\$100 per player):
1.
2.
3.
4.



Deadline for registration is June 15. Field is limited to 25. Please submit your registration before the field is full. Submit completed registration form or use online form along with check made payable to: **The Arc of the Quad Cities Area.**
GRAND TOTAL (players + hole sponsorship):
\$

Card #:

EXP:

CRV#:

Zip code if different than above




Registration Form can be sent to:
The Arc of the Quad Cities Area
4016 9th Street
Rock Island, IL 61201
wrights@arcqca.org

Contact:
Sarah Wright, Director of Development
wrights@arcqca.org or 309.429.6067

Catalyst Awards

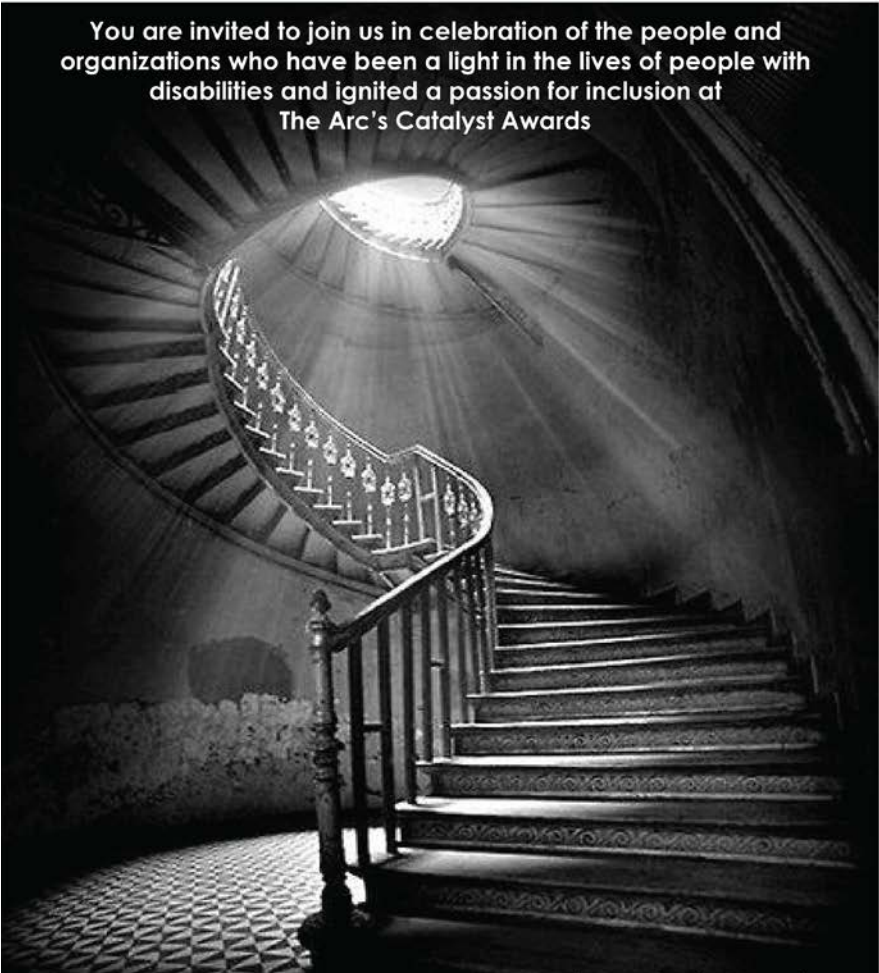
Awards Will Continue With an In-Person Event



Igniting A Passion for Inclusion

The Catalyst Awards & Auction
Friday, July 30th 5:30 p.m. - 8:30 p.m.
Schweibert Park, Rock Island, IL
Dinner | Awards | Auctions

You are invited to join us in celebration of the people and organizations who have been a light in the lives of people with disabilities and ignited a passion for inclusion at The Arc's Catalyst Awards



Join us in honoring the 2021 Catalyst Honorees
\$40 Individual/\$75 Couple

The Arc
Quad Cities Area

For bidding & ticketing:
www.arcqca.org

The Catalyst Awards, Dinner & Auction is an opportunity for The Arc of the Quad Cities Area to recognize the people and organizations in the Quad Cities that have ignited a passion for inclusion.

We are preparing the 2021 Catalyst Awards, Dinner and Auctions to be held on **Friday, July 30th at Schweibert Park in Rock Island.** The event will still feature all the things it is known for: music, delicious food, auctions and awards. Because planning for 2021 has built in considerations for safety, The Arc has decided to hold this event outdoors at Schweibert Park in Rock Island and will be a much more casual event. All the elements that make is a distinctive event will remain intact.

The symbolism of The Arc's Catalyst Awards - celebrating the people and organizations who have been a light in the lives of people with disabilities is much needed at this time. So organizers were determined to have an in-person event. "The most important aspect of this event is to honor our honorees and raise important funds for our services" says Michael Glanz, Executive Director. "We are excited to have an safe, in-person event with all the considerations to make everyone can safely and comfortable enjoy this great event".

2021 Awardees will be announced later this year.

Memorial Gifts

Memorial & Honorary Gifts since July 2020

- in memory of David Allison*
Linda Wilkinson
Andrea Allison
Mark and Mary Dowdal

in memory of JoAnn Baeke
James F. and Martena K. Byron

in honor of Gina Marsh
James B. Marsh

in honor of Jan Johnson
Alfred and Joan Beck
Linda Bjurstrom
Thomas and Kathryn Blade
Helen Brandt
Grayson and Lois Brottmiller
Teresa Collins
James and Marie Darby
Raymond and Mary Jo Davis
Rosaline Erickson
Carol Francis
William and Lois Gerse
Dorothy E. Hedberg
Stephen and Christy Horst
Lois Patch, Duane and Carol Curry
Jim and Susan Johnson
Rev. John and Helen Leaf
Lisa Lowe
Shirley Luebke
Susan Morton
Joseph and Deborah Robb
Nancy K. Servine
Dorothy Smead
Mitchell E. and Joyce E. Strach
Margaret Swenson
Terry and Susan Welty
Wayne and Lee Ann Wille
Daniel Witkowski

in honor of Matthew Montford
Jim and Twila Mitchell

in honor of residents of Rose House
Sonja Knudsen

in honor of Stacey Douglas
Stephen R. Haines

in honor of Tom O'Shea
Erin O'Shea

in memory of Benjamin John Duffy
Barb Goettig
- in memory of Betty Jean Griffin Schmidt*
Truman and Diane Symmonds
Arvid and Carol Hagberg
Mel and Angie Snook

in memory of Christine Nelson
William Nelson

in memory of Christy Koontz
Jennifer McKean

in memory of Dan Dawson
Darline Akins

in memory of David Allison
Douglas and Dianne Allison
Patrick and Karen Burghgrave
Pat Tracey

in memory of Ellen Roys
Blake Roys

in memory of Jack Bateman
William Bateman

in memory of Jay Dralle
Ron and Becky Smolenski

in memory of John (Jack) Daniels
Phillip Cray
Mary and Donald Devine
Mary Lou Kean
Joe and Amy Smith
Anchor Lumber Do-it Center
Terry and Deanna Smith
Cindy Stevenson

in memory of John Fanter
Arthur and Diane Fanter

in memory of June Ramsey
Donald and Katherine Healy

in memory of Katie Ward
The Arc of Scott County

in memory of Lavern Bald
RB and Elaine Hostetler

in memory of Lisa DeWispelaere
Christi DeWispelaere

in memory of Mario Almanza
Judith and Jeffrey Lockwood
Rosemary Lopez

- Darrell Parker
Tracy Almanza
- in memory of Mary Welsh*
Eugene and Elaine Bouwens
Frank and Theresa Dewaele
Terri Farditurkmani
Lisa and Richard Garrett
Donald and Katherine Healy
Karen Shoemaker
- in memory of Matthew Steen*
Jack and Kathy Lee
Tim Meenan
- in memory of Nicholas Strieder*
Louise Ramirez
- in memory of Patricia Kukla*
Jan Pauly
James Kukla
- in memory of Pete Clark*
Anonymous
Thomas and Judith Callahan
Carolyn Campbell
Cheryl and Butch Crow
David and Melissa Dell
James and Marcia Garrison
Steven and Christian Kraft
- in memory of Richard Morrow*
Sue Gadiant
Beulah Morrow
Richard Morrow
Presentacion Wickersham
Carol or Jeana McAllister
- in memory of Rob Tolmie*
Amy Maxwell
- in memory of Ronald W. Forari*
Alanna B. Forari
- in memory of Rose Vande Wiele*
Mike and Tracy Poelvoorde
- in memory of Sean Lawhorn*
Flora Lawhorn
- in memory of Timothy and Marjorie Schroeder*
Tom Schroeder
- in memory of Tom Hughes*
Mary Garner
- in memory of Victor Mayer*
Illene and Richard Luthanen
- in honor of the Nefzger Family*
Ben & Gay Nefzger

Administering the Vaccine

Preserving the Health of the People We Serve

DSPs are helpers and heroes. They have already done so much to combat Covid-19. They have taken the steps day after day that have kept themselves and the people we serve safe. They have already done so much, serving people with disabilities so well - beyond what words can describe.

There is something they are doing to preserve that legacy and all the good work that has brought us to this moment. To truly defeat Covid-19, we are thankful that so many of our employees getting vaccinated and showing their commitment to helping others.

Employees of The Arc are getting vaccinated through local health care providers and through The Arc's nursing service that will be administering the vaccine to employees mid-February. Additionally almost all individuals served by The Arc have expressed their interest and consent in receiving the vaccine.

Because of these measures taken by our employees and persons served, we are very hopeful there will be a return to increased community services in the future.



Direct Support Professional, Freedom receives her first vaccination at Community Health Care. The Arc's essential employees are in the IA group and first in-line to get the vaccination.

Coming Up....

MARCH 31

FREE thru Zoom
6:00 p.m. - 7:30 p.m.

APRIL 8

FREE thru Zoom
6:00 p.m. - 8:00 p.m.

APRIL 22

St. John's Lutheran Church
11:00 a.m. - 1:00 p.m.

APRIL 22

FREE thru Zoom
6:00 p.m. - 8:00 p.m.

PARENT LEARNING SERIES

Arc Industries Past, Present, & Future

TOPICS: WIOA, Arc Industries, Community Employment Services, Sheltered Workshops

PARENT LEARNING SERIES

What To Do After Graduation

TOPICS: Transition options, the PUNS list, How to Quality, and Applying.

MLK DAY OF SERVICE

Pay What You Can Restaurant

Come pick-up a great meal for a donation, pay nothing if you cannot afford, or pay it forward.

PARENT LEARNING SERIES

Identifying Signs of Abuse

TOPICS: Identifying signs of abuse. Preventing abuse, neglect, & exploitation.

MAY 11-25

COMMUNITY WIDE FOOD DRIVE

Food Drop Off sites to Be Announced
In honor of MLK Day of Services

JUNE 18

Highland Springs Golf Course
Registration: 8:00 a.m.

CHARITY GOLF OUTING

Assigned T-times
Lunch & Prizes to Follow
\$100 per player, Hole Sponsorships \$150

JULY 30

Schweibert Park
5:30 p.m. - 8:30 p.m.

CATALYST AWARDS

Dinner, Auctions, Awards
Honoring 2021 Honorees
\$40 Individual/\$75 Couple

MLK Day of Service

Providing Inclusive Volunteering Experiences & Fulfilling Needs

The Arc is honoring the life and legacy of Martin Luther King Jr. through service with help from a grant from The Arc of the United States. Along with our partners The Martin Luther King Jr. Community Center and the River Bend Foodbank an inclusive group of volunteers including people with disabilities offered direct food assistance with a mobile food pantry. We are proud that people with disabilities are afforded the opportunity for civic engagement through volunteerism while tackling the ongoing food crisis in our community.

The Arc will continue serving it's community through our partnership with NEST Cafe on Thursday, **April 22nd from 11a.m. to 1:00 in St. John's Luther Church** parking lot where individuals will help serving patrons to NEST Cafe pay-what-you-can non profit restaurant. Customers can enjoy a meal for a suggested donation, pay nothing if you can't afford it, or pay it forward by helping someone else get a meal. Please join us for a nourishing, quality meal April 22.

Additionally, along with The Arc's partners in the disability awareness community, will hold a food drive from **May 11 to May 25**. The Arc is currently seeking service partners. We'll provide the boxes, arrange pick-up, and spread the word. Partners provide the food drop off site. Please contact Sue Gadiant for more information at gadiants@arcqca.org.



**"LIFE'S MOST PERSISTENT
AND URGENT QUESTION IS:**

**WHAT
ARE YOU
DOING FOR
OTHERS?"**

DR. MARTIN LUTHER KING, JR

